



The Pilkingberg News

Calendar of Local Events

May 3-6

Puyallup RV Show

Mattress Firm ShowPlex @
Puyallup Fairgrounds

Something for every leisure
need from a tent trailer to a
vacation home on the lake and
everything inbetween.
Saddle up and go!
www.puyalluprvshow.com

May 11

Family Movie Night at Portland Ave

Portland Ave Community
Center 7:30pm
3513 Portland Ave, Tacoma
253-591-5391

"Guardians of the Galaxy2"
FREE indoor movie on a large
indoor screen

Free popcorn! You are welcome
to bring bean bags, game
chairs, pillows, etc. for comfort-
able lounging. Children 10 and
under must be accompanied by
a responsible family member.
www.MetroParksTacoma.org

May 10

Bike to School Day

Thousands of students, fami-
lies, community partners, and
elected officials around the
country will celebrate the bene-
fits of biking and walking to
school during National Bike to
School Day. Check your local
area for events.
www.bike253.com

Bike like the Mountain is out!

May 19

Good Neighbor Day

See article on Page 2 of this
newsletter
www.needabreak.org/good-neighbor-day.html

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Meet AnnMarie Sweeney



AnnMarie and Jeremy
10th Anniversary at Hurricane Ridge

AnnMarie Sweeney has joined Pilkey-Hopping & Ekberg in the Commercial Lines Department. She has been in the insurance business for 28 years and has come full circle in her career. She started in the industry as a CSR on the agency side, moved to sales and then on to underwriting. Now she has returned back to the CSR side, which she enjoys most. She loves helping people.

Born and raised in Moses Lake, WA, AnnMarie has a love for the outdoors. There is nowhere else she would rather live than the Pacific NW. We have it all — the ocean, mountains, desert and four seasons! Her favorite vacation spots are the Pacific Ocean and Yellowstone National Park. AnnMarie and her husband Jeremy love to garden, camp, fly kites, hike, snow ski and, most of all, spend time with their fur kid — 10- year old Piper. Piper is a unique mix: Beagle, Springer Spaniel, German Shepard, Golden Retriever with a splash of Chow.

AnnMarie and Jeremy have been together for 13 years and coming up on their 11- year wedding anniversary. They met at a wedding and it was love at first sight. The bride had previously tried setting them up a couple of years prior to them actually meeting. Since Jeremy is a few years younger than AnnMarie, she thought he was too young for her. But the age difference wasn't a "deal breaker".

We are pleased to have AnnMarie with us!
Please help us in welcoming her!



Mother's Day —
a celebration of motherhood
and maternal bonds; we love
and appreciate our mothers
and mother figures!

Prescription Drugs Driving Healthcare Costs

We often get the question, “why are health insurance premiums going up so much?” There are many reasons for the increase, but one of the biggest factors is prescription drugs. There is widespread agreement that drugs costs are not rising as much as they have done so in the past, but the trends are still not good. A recent survey by Mercer found that upwards of 50 new specialty drugs are expected to hit the market annually for the next five years, which could increase costs by \$25 billion annually. A story by Reuters on the Mercer survey indicated that one new specialty drug treatment for Leukemia costs \$475,000 per patient.

As with many public issues, this one has a political side. High-profile hearings about EpiPen costs and other expensive drugs have some wondering if Congress would weigh in. However, experts caution against expecting any quick action out of Washington. In the meantime, expect to see continued changes in your health plans prescription benefits. This may include closed formularies limiting options of pharmaceutical choices, tiered payment plans with higher costs for the more expensive drugs, and step therapy requiring you to try generic or less expensive prescriptions before moving to the more costly ones. The key to adapting is to be informed of what these changes mean for your situation and having an open conversation with your doctor.



Community Fun

St. Paddy's Day Run Tacoma

As the sun was rising over the Cascades on the morning of St. Patrick's Day, Shawn McClain was gearing up for the run o' the day. Her hard training for the past couple months was about to pay off. Anticipation filled the air as the racers headed for the Start. The half-marathon and 10K racers started first, followed by the 5K runners/walkers. Shawn was in the midst of the 5K'ers. There were so many bodies at the start that it was hard to get started, but off she went! It was a beautiful morning and Shawn enjoyed the comradery of the fellow racers. Eventually the Finish line was in sight! It was a grand o' time and she has the medal to prove it!



Emergency Food Network Break Bags

Donna Haynes and friend Whitney helped pack bags that provided food during spring break to low-income families with students in the Clover Park



and Tacoma Public School Districts. Thousands of children in Pierce County School Districts rely on free and reduced-fee meals during the school day. When holiday weeks arrive, these kids often struggle to get enough nutritious food at home.



**Pilkey
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& Ekberg**

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**We'd love to hear about your
community involvement!
If you'd like to be featured as
one of our clients of the
month, please contact Dayle
Conrad, newsletter editor.**

dayle@pheinsurance.com

The Pilkey-Hopping & Ekberg Referral Program

Your referrals mean the world to us. We work hard to earn each referral with great service every day. Our "Spread the Word" program is our way to say thank you for all the referrals you've trusted us with for years.

Refer someone to Pilkey-Hopping & Ekberg Insurance and get something back! For every referral, you get:

- A \$5 Starbucks Gift Card! What qualifies as a referral? A referral is when we get a call for a quote from someone saying you referred them to us.

- We also match this with a gift to our non-profit of the quarter. This quarter the recipient is Need A Break Services.

- That's it. The person you refer is under no obligation to purchase a policy from us. Give it a try! We appreciate your trust in us.

