

The Pilkingberg News

Calendar of Local Events

September 1

Fun Run 2018 — "Run the Puyallup"

This fun run is the perfect chance to get a sneak peek behind the scenes of the Fair, gather Fair goodies all while supporting the Washington State Fair Foundation. With your registration you will receive a vintage commemorative t-shirt, Fair treats along the course, gate admission into the Fair and a spin on one of our most notable rides.

On-site registration \$45.
contact: Holly Ball
253-841-5065
hollyb@thefair.com

September 3

FREE Swimming at Tacoma Outdoor Pools

Noon—5pm
Pool capacity is limited
Stewart Heights Pool
402 E 56th St

Kandle Pool
5302 N 26th St
www.MetroParksTacoma.org

September 7

Soroptimist Golf Tournament

11am—7pm
Oakbrook Golf Club
8102 Zircon Dr SW
Lakewood, WA 98498
Raising funds for academic scholarships to women in the Tacoma area.
Don't play golf? Join for dinner and silent auction!
Contact: Sharon Bittner
l.bittner3@comcast.net
253-531-4750

August 31—September 23

Do the Puyallup — Washington State Fair

Meet Debbie Grant

"Play ball!" Whether it's at her favorite vacation spot in Arizona for Mariners Spring Training or watching her son Gavin play baseball, this is a phrase Debbie has heard many times. Introducing the newest addition to the Life & Health Department at Pilkey-Hopping & Ekberg — Debbie Grant!

Debbie comes to us from the finance department at Milgard Windows and previously at Franz Bakery where she met Jason, who was in the IT department. Just like when sugar meets flour at a bakery, Debbie met Jason and they have been married for 19 years. They have one son, Gavin, who just graduated from high school and will be attending Tacoma Community College playing baseball.

Now that Gavin is in college, Debbie and Jason want to do more traveling. On her bucket list — visit every MLB park to watch the Mariners play and every NFL stadium to watch the Seahawks play.



Debbie and Jason with Taima, the Seahawks' live mascot



Debbie with husband Jason and son Gavin

Also, to meet Russell Wilson. Debbie claims she does not have any special talents, but we disagree. Her talent is being a sports fan for her teams and her son through thick and thin! The Mariners and Seahawks are important to Debbie, born and raised in Seattle. However, her family is even more important. If she could live anywhere it would be some place with four different seasons and on property big enough to build two homes — one for her family and the other for her parents.

If you ever catch Debbie indoors you will find her "guilty pleasure" is watching all the reality TV shows.

September is life insurance awareness month

Most Americans are dangerously underinsured. 85 percent of consumers agree that most people need life insurance, yet just 62 percent say they have it. (Source: LIMRA's Life Insurance Barometer Study 2013)

Give us a call today to see how we can help you!

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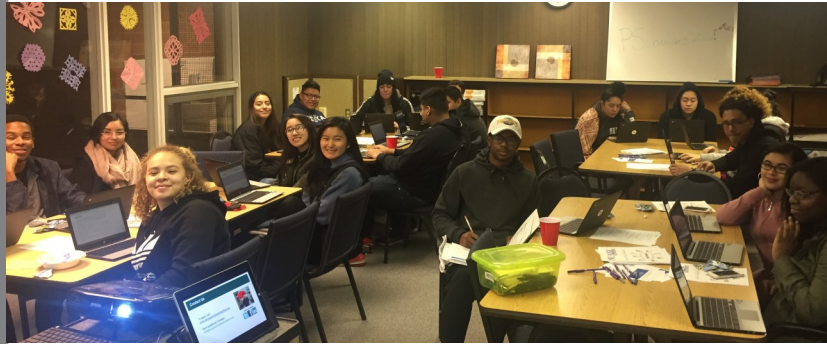
Referral Program

Pilkey-Hopping & Ekberg’s Non-Profit of the Quarter: Palmer Scholars



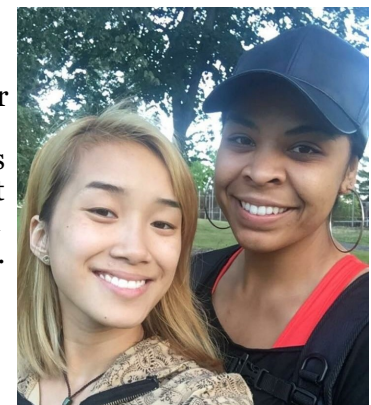
What the Program Is:

Palmer Scholars is committed to providing hope and opportunity through higher education access, mentorship, and scholarship support to low-income students of color in Pierce County. Our program is unique in supporting our Scholars from their junior year of high school throughout their entire college journey. We value self-worth and the importance of personal development through accountability, leadership, goal planning, empowerment, and community service. We strive to foster an environment that is open, engaged, equitable, and respectful of all identities based on age, nationality, race, ethnicity, gender, sexual orientation, religion, and disability. Scholars step out of their comfort zone and seek their true potential while fostering relationships and embracing meaningful connections. Scholars receive 50+ hours of



Palmer College Readiness Training

College Readiness training (CRT), plus additional time working with our program staff to explore who they are, their motivations, strengths, areas of challenge, career interests, and their vision for their future. The goal of CRT is to provide Scholars the training and resources to help them successfully navigate their higher education experience. It is this personal relationship with each Scholar that allows us to know how to best support them on their own unique journey to their degree. Palmer Scholars is dedicated to promoting agency and equity for our Scholars in their journey to becoming critical learners, community leaders, and global citizens.



Palmer 2017 Tina Van with mentor Natalie Hart

Pilkey-Hopping & Ekberg is pleased to support Palmer Scholars, the Non-Profit of the Quarter. For every referral we receive this quarter, we'll donate \$5 to this organization.

www.palmerscholars.org

Customer Feedback

Thank you to all who have taken the time to complete our customer surveys in the past. We no longer have the website (www.phelistens.com) for the survey, but we'd still like to hear your

feedback...good or bad. Please feel free to [email us at insurance@pheinsurance.com](mailto:insurance@pheinsurance.com) any time with any concerns you have or if you just want to give kudos to one of us.

On behalf of our team, we sincerely thank you for your business and look forward to your feedback.

“Pam...thank you so much for your help. We were really lost without you.”

Chuck J.

Customer feedback from Safeco Claims to our Personal Lines Team: “Very professional and fast.”

Carol B.



Coverage Corner: Motorcycle Accessory Insurance

Many Americans who own a motorcycle, especially those who travel on them, buy non-factory accessory equipment to make their bike more comfortable, practical and possibly even more stylish. Common examples are windshields, saddlebags, custom seats, and chrome or polished aluminum parts to add a flare of style. While most motorcycle insurance policies provide some coverage for accessory equipment, there generally is a dollar limit built into the policy and that limit may not be sufficient to replace what has been added to the bike. If this is you, please call us to discuss the accessory equipment on your bike and how much coverage you need for it.



Wellness Program

As part of our office Wellness Program, we had an enlightening “Lunch and Learn” with Cassie Batt from *H2o At Home*. We learned about cleaning without chemicals with the proper tools. Everything from laundry to kitchen to bathroom to personal hygiene! Thanks, Cassie!



www.myh2oathome.com/cassie

We also have Tenny Tuesdays. At 10:00 and 3:00 we put on our sneakers and go for a ten minute walk every Tuesday.

Recipe of the Month: Zucchini and Mozzarella Frittata

I love my garden here in the Pacific NW! There is an abundance of zucchini and I am always on the lookout for different recipes. Here is one I found from RealSimple.com. I hope you enjoy it!

Ingredients:

- 4 tablespoons olive oil, divided
- 1 large zucchini, thinly sliced
- 1 yellow onion, chopped
- 1 tablespoon chopped fresh oregano leaves
- 4 cloves garlic, finely chopped
- 8 large eggs
- 1 teaspoon kosher salt
- ¼ teaspoon crushed red pepper, plus more for serving
- 4 ounces fresh mozzarella, cubed (about ¾ cup)
- Green salad, for serving

How to Make It:

Step 1: Preheat oven to 350°F. Heat 2 tablespoons oil in a 10-inch ovenproof skillet over medium heat. Add zucchini, onion, oregano, and garlic and cook, stirring often, until vegetables are slightly softened, 8 to 10 minutes.

Step 2: Whisk eggs, salt, and crushed red pepper until combined. Add remaining 2 tablespoons oil to skillet, tilting to distribute. Pour egg mixture over vegetables and shake skillet to help eggs settle. Cook over medium heat until edges begin to set, 2 to 3 minutes. Top with cheese.

Step 3: Transfer skillet to oven and cook until top is just set, 13 to 15 minutes. Let cool slightly.

Step 4: Gently slide frittata out of skillet and season with more crushed red pepper. Serve with salad.



Greg DuPree



Pilkey
Hopping
& Ekberg

Insurance since 1896

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(253) 756-2000
www.pheinsurance.com

We'd love to hear about your community involvement! If you'd like to be featured as one of our clients of the month, please contact Dayle Conrad, newsletter editor.

dayle@pheinsurance.com

Our office will be closed
Monday September 3rd
in observance of Labor Day

The Pilkey-Hopping & Ekberg Referral Program

Your referrals mean the world to us. We work hard to earn each referral with great service every day. Our "Spread the Word" program is our way to say thank you for all the referrals you've trusted us with for years.

Refer someone to Pilkey-Hopping & Ekberg Insurance and get something back! For every referral, you get:

- A \$5 Starbucks Gift Card! What qualifies as a referral? A referral is when we get a call for a quote from someone saying you referred them to us.

- We also match this with a gift to our non-profit of the quarter. This quarter the recipient is Palmer Scholars.

- That's it. The person you refer is under no obligation to purchase a policy from us. Give it a try! We appreciate your trust in us.

